

PECO Cross Country League 2024-25: Race 1 (Temple Newsam)
Senior Men's Results For Team Scores

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim
1	48	Roden	Freddie	Abbey Runners	MSEN	0:22:35	1	
2	699	Garbutt	Dan	St Therasas AC	M35	0:23:30	1	Y
3	103	Humphries	Andrew	Airecentre Pacers	M35	0:24:10	2	
4	109	Ravenhall	George	Airecentre Pacers	MSEN	0:24:14	2	
5	221	Shacklock	Luke	Harrogate Harriers & AC	MSEN	0:24:23	3	
6	1225	Vogel	Joost	Valley Striders AC	M35	0:24:53	3	
7	252	Casey	Dominic	Horsforth Harriers	MSEN	0:24:57	4	
8	1207	Grant	Daniel	Valley Striders AC	M35	0:24:59	4	
9	404	Llewellyn	Ryan	Kirkstall Harriers	MSEN	0:25:06	5	
10	951	Gaminde	Sebastian	Harrogate Harriers & AC	MSEN	0:25:25	6	
11	248	Boynton	Philip	Horsforth Harriers	M35	0:25:27	5	
12	1020	Shinn	Oscar	Ilkley Harriers	MSEN	0:25:29	7	
13	1089	Harrington	Scott	Otley AC	M45	0:25:31	1	
14	1204	Cheseldine	Edward	Valley Striders AC	MSEN	0:25:54	8	
15	223	Stanley	Adam	Harrogate Harriers & AC	MSEN	0:25:57	9	
16	1224	van Rossum	Tom	Valley Striders AC	M40	0:26:02	1	
17	222	Somerville	Gareth	Harrogate Harriers & AC	MSEN	0:26:05	10	
18	1018	Moore	Gawain	Ilkley Harriers	M45	0:26:06	2	
19	29	Hutchison	Ross	Abbey Runners	M40	0:26:06	2	
20	1	Abrams-Cohen	Michael	Abbey Runners	MSEN	0:26:08	11	
21	350	Sykes	Richard	Hyde Park Harriers	M40	0:26:11	3	
22	32	Jones	Simon	Abbey Runners	MSEN	0:26:11	12	
23	332	Moulding	Thomas	Hyde Park Harriers	MSEN	0:26:14	13	
24	644	Turner	Andy	Roundhay Runners	M35	0:26:20	6	
25	281	Ahmed	Abdu	Hyde Park Harriers	MSEN	0:26:22	14	
26	287	Blackwood	Douglas	Hyde Park Harriers	MSEN	0:26:27	15	
27	952	Garbutt	Rob	Harrogate Harriers & AC	M45	0:26:27	3	
28	625	Jenner	Tim	Roundhay Runners	M35	0:26:30	7	
29	418	Wells	Simon	Kirkstall Harriers	M35	0:26:34	8	
30	693	Cryer	Tom	St Therasas AC	MSEN	0:26:40	16	
31	51	Rowe-Patel	Ben	Abbey Runners	MSEN	0:26:43	17	
32	406	Lyall	Andrew	Kirkstall Harriers	MSEN	0:26:43	18	
33	965	Wilson	Ed	Harrogate Tri Club	MSEN	0:26:55	19	
34	1206	Dessi	Mattia	Valley Striders AC	MSEN	0:26:55	20	
35	875	Franklin	James	Abbey Runners	M45	0:26:56	4	Y
36	700	Grinnell	Andrew	St Therasas AC	M50	0:26:57	1	
37	359	Vargas	Michael	Hyde Park Harriers	M40	0:27:00	4	
38	1245	Holmes	Christian	Wharfedale Harriers	M50	0:27:02	2	
39	1201	Whiting	Tom	Vale of York Athletic Community	MSEN	0:27:07	21	Y
40	149	Harrold	Brian	Chapel Allerton Runners	M35	0:27:08	9	
41	427	Davis	Adam	Knaresborough Striders	MSEN	0:27:08	22	
42	922	Anderton	Tom	Chapel Allerton Runners	MSEN	0:27:08	23	
43	874	Brienen	Stef	Abbey Runners	MSEN	0:27:11	24	
44	712	Morrison	Cairn	St Therasas AC	M45	0:27:12	5	
45	122	Colley	Ashley	Bradford Airedale AC	M35	0:27:12	10	
46	1144	Moakler	Ben	Roundhay Runners	M40	0:27:13	5	
47	144	Goodwin	Jacob	Chapel Allerton Runners	MSEN	0:27:15	25	
48	877	Harris	Simon	Abbey Runners	M40	0:27:21	6	

49	630	McLoughlin	John Richard	Roundhay Runners	M40	0:27:22	7	
50	164	Mather	David	Chapel Allerton Runners	M45	0:27:26	6	
51	349	Spain	Jonathan	Hyde Park Harriers	M35	0:27:30	11	
52	25	Holmes	Matthew	Abbey Runners	M45	0:27:30	7	
53	636	Rao	Nicholas	Roundhay Runners	MSEN	0:27:30	26	
54	438	Macauley	Craig	Knaresborough Striders	M35	0:27:33	12	
55	731	Brion	Kealan	Vale of York Athletic Community	MSEN	0:27:35	27	Y
56	714	Parker	Dave	St Therasas AC	M60	0:27:42	1	
57	1138	Furlong	Ian	Roundhay Runners	M40	0:27:43	8	
58	454	Bryer	Josh	Nidd Valley Road Runners	MSEN	0:27:44	28	
59	1062	Aylesbury	Caleb	Nidd Valley Road Runners	MSEN	0:27:45	29	
60	887	Wilson	Evan	Abbey Runners	MSEN	0:27:45	30	
61	1113	Cliffe	Mark	Rothwell Harriers & AC	MSEN	0:27:46	31	
62	989	Douglas	Euan	Hyde Park Harriers	MSEN	0:27:46	32	
63	812	Elwell	Paul	Wetherby Runners AC	M45	0:27:48	8	
64	280	Adkins	Tobias	Hyde Park Harriers	MSEN	0:27:52	33	
65	537	Martin	Thomas	Pudsey & Bramley AC	MSEN	0:27:54	34	
66	378	Whittlestone	George	Ilkley Harriers	MSEN	0:27:55	35	
67	1188	Yong	Chin	St Therasas AC	M35	0:27:56	13	
68	129	Richardson	Gareth	Bradford Airedale AC	MSEN	0:27:57	36	
69	948	Dobby	Andrew	Harrogate Harriers & AC	M50	0:28:01	3	
70	1003	Malkin	Alexander	Hyde Park Harriers	MSEN	0:28:18	37	
71	1215	Mann	Gary	Valley Striders AC	M40	0:28:19	9	
72	632	Morton	Joseph	Roundhay Runners	M40	0:28:20	10	
73	253	Chilton	Patrick	Horsforth Harriers	MSEN	0:28:21	38	
74	399	Hardy	Lee	Kirkstall Harriers	M40	0:28:22	11	
75	1129	Walker	Dean	Rothwell Harriers & AC	MSEN	0:28:23	39	
76	26	Holwill	Euan	Abbey Runners	MSEN	0:28:25	40	
77	31	Jenkins	Liam	Abbey Runners	MSEN	0:28:25	41	
78	519	Johnson	Leo	Otley AC	MSEN	0:28:28	42	
79	145	Green	Joseph	Chapel Allerton Runners	MSEN	0:28:28	43	
80	1045	Hipkiss	Jack	Kirkstall Harriers	MSEN	0:28:31	44	
81	732	Bromley	Harry	Vale of York Athletic Community	MSEN	0:28:31	45	
82	640	Roper	Tom	Roundhay Runners	MSEN	0:28:34	46	
83	1243	Furness	Rob	Wharfedale Harriers	M40	0:28:35	12	
84	310	Gallagher	Mike	Hyde Park Harriers	M40	0:28:37	13	
85	740	Martin	Ian	Vale of York Athletic Community	M55	0:28:38	1	
86	955	Richardson	Timothy	Harrogate Harriers & AC	M35	0:28:38	14	
87	703	Herrington	Richard	St Therasas AC	M40	0:28:39	14	
88	501	Brogden	Aston	Otley AC	MSEN	0:28:40	47	
89	250	Brown	Rhys	Horsforth Harriers	M35	0:28:40	15	
90	766	Grave	Paul	Valley Striders AC	M45	0:28:41	9	
91	265	Hammond	Matthew	Horsforth Harriers	M40	0:28:41	15	
92	905	Torr	Daniel	Ackworth Road Runners	MSEN	0:28:43	48	
93	397	Fellick	Joel	Kirkstall Harriers	MSEN	0:28:45	49	
94	1120	Kitchen	Miles	Rothwell Harriers & AC	MSEN	0:28:47	50	Y
95	717	Robson	John	St Therasas AC	M45	0:28:48	10	
96	358	Tracey	Ciaran	Hyde Park Harriers	MSEN	0:28:51	51	
97	322	Knighton	Richard	Hyde Park Harriers	MSEN	0:28:51	52	
98	12	Bysouth	Tom	Abbey Runners	M45	0:28:53	11	
99	1182	Johnson	Glen	St Therasas AC	M50	0:28:54	4	
100	777	Parkinson	Andy	Valley Striders AC	MSEN	0:28:55	53	

101	539	Shamim	Reuben	Pudsey & Bramley AC	MSEN	0:28:57	54	
102	263	Green	Jonny	Horsforth Harriers	MSEN	0:29:09	55	
103	1125	Stone	Dan	Rothwell Harriers & AC	M40	0:29:10	16	
104	493	Townend	Darren	Nidd Valley Road Runners	M50	0:29:12	5	
105	688	Bodin Galvez	David	St Therasas AC	M40	0:29:15	17	
106	351	Sykes	Will	Hyde Park Harriers	MSEN	0:29:21	56	
107	1223	Thomas	Gwilym	Valley Striders AC	M45	0:29:22	12	
108	1124	Snow	Daniel	Rothwell Harriers & AC	MSEN	0:29:23	57	
109	437	Kilmurray	Tom	Knaresborough Striders	MSEN	0:29:25	58	
110	663	Jenkins	Daniel	Saltaire Striders	M45	0:29:26	13	
111	165	Nunn	Sam	Chapel Allerton Runners	MSEN	0:29:28	59	
112	1214	Keeler	Adrian	Valley Striders AC	M45	0:29:29	14	
113	335	Pratt	John	Hyde Park Harriers	M40	0:29:32	18	
114	928	Keighley	Thomas	Chapel Allerton Runners	MSEN	0:29:33	60	
115	656	Dunbar	Stuart	Saltaire Striders	M60	0:29:36	2	
116	1254	Zemlik	Darren	Wharfedale Harriers	M50	0:29:38	6	Y
117	176	Scrutton	Fergus	Chapel Allerton Runners	M35	0:29:41	16	
118	529	Richards	Oliver	Otley AC	M40	0:29:44	19	
119	1016	Gott	Steven	Ilkley Harriers	M45	0:29:51	15	
120	1021	Thompson	Danny	Ilkley Harriers	M45	0:29:54	16	
121	994	Hadley	Jonny	Hyde Park Harriers	MSEN	0:29:55	61	
122	888	Antcliff	Chris	Ackworth Road Runners	M45	0:29:56	17	
123	652	Carlton	James	Saltaire Striders	MSEN	0:29:57	62	
124	988	Coade	Jonathan	Hyde Park Harriers	MSEN	0:29:58	63	
125	54	Scholefield	Phillip	Abbey Runners	M35	0:29:58	17	
126	1242	Charlesworth	Nicholas	Wharfedale Harriers	M55	0:30:06	2	
127	1019	Shelley	Peter	Ilkley Harriers	M55	0:30:08	3	
128	908	Crosland	Richard	Airecentre Pacers	M40	0:30:09	20	
129	1000	Kirk	James	Hyde Park Harriers	MSEN	0:30:09	64	
130	588	Jackman	Paul	Rothwell Harriers & AC	M40	0:30:10	21	
131	492	Todd	Andy	Nidd Valley Road Runners	M60	0:30:12	3	
132	810	Davey	Richard	Wetherby Runners AC	M50	0:30:15	7	
133	184	Vis	Patrick	Chapel Allerton Runners	MSEN	0:30:18	65	
134	476	Lofthouse	Martin	Nidd Valley Road Runners	M55	0:30:20	4	
135	586	Hickman	Martin	Rothwell Harriers & AC	M35	0:30:21	18	
136	1164	Hearn-Yeates	Victor	Saltaire Striders	MSEN	0:30:21	66	
137	402	Jones	Carrick	Kirkstall Harriers	M40	0:30:22	22	
138	793	Vallance	Simon	Valley Striders AC	M55	0:30:22	5	
139	301	Dow	Will	Hyde Park Harriers	M35	0:30:23	19	
140	347	Smith	Callum	Hyde Park Harriers	MSEN	0:30:24	67	
141	631	Mcmullan	Geoff	Roundhay Runners	M45	0:30:27	18	
142	1095	Walsh	Jamie	Otley AC	MSEN	0:30:28	68	
143	525	Paget	Tom	Otley AC	M40	0:30:28	23	
144	707	Laycock Campbell	Jeremy	St Therasas AC	M40	0:30:29	24	
145	843	Partridge	Simon	York Postal Harriers	M45	0:30:34	19	
146	595	Robinson	James	Rothwell Harriers & AC	MSEN	0:30:36	69	
147	1216	Mills	Tony	Valley Striders AC	M50	0:30:39	8	
148	594	Rickerby	Lochie	Rothwell Harriers & AC	MSEN	0:30:40	70	
149	113	Walker	Richard	Airecentre Pacers	M50	0:30:42	9	
150	284	Baxendale	Jonathan	Hyde Park Harriers	MSEN	0:30:48	71	
151	791	Tarran	James	Valley Striders AC	M55	0:30:49	6	
152	410	Moger	Adam	Kirkstall Harriers	M45	0:30:51	20	

153	238	Metcalfe	Kevin	Harrogate Tri Club	M55	0:30:54	7	
154	615	Dearden	Mike	Roundhay Runners	M45	0:30:57	21	
155	234	Glover	Steven	Harrogate Tri Club	M40	0:30:57	25	
156	241	Blemings	Robert	Horsforth Fellandale	MSEN	0:30:58	72	
157	374	Ryder	Jim	Ilkley Harriers	M55	0:30:58	8	
158	355	Taylor	Lee	Hyde Park Harriers	M45	0:31:00	22	
159	753	Biddulph	Tom	Valley Striders AC	MSEN	0:31:01	73	
160	368	Gerrish	Adam	Ilkley Harriers	MSEN	0:31:02	74	
161	79	Lines	Charles	Ackworth Road Runners	M60	0:31:04	4	
162	465	Hesford	Ian	Nidd Valley Road Runners	M45	0:31:05	23	
163	1116	Gourley	William	Rothwell Harriers & AC	M45	0:31:08	24	
164	361	Wallis	Nigel	Hyde Park Harriers	M45	0:31:09	25	
165	697	Fuller	Nigel	St Therasas AC	M45	0:31:12	26	
166	775	Murray	Danny	Valley Striders AC	M45	0:31:14	27	
167	65	Wray-Rogers	Luke	Abbey Runners	M45	0:31:15	28	
168	197	Huisman	Daniel	Dragons Running Club (Leeds)	MSEN	0:31:22	75	
169	41	Mullen	David	Abbey Runners	M60	0:31:24	5	
170	1213	Jones	Steven	Valley Striders AC	MSEN	0:31:25	76	
171	430	Ellmore	Steve	Knaresborough Striders	M55	0:31:27	9	
172	1128	Travis	Joe	Rothwell Harriers & AC	MSEN	0:31:27	77	
173	528	Quin	Simon	Otley AC	M50	0:31:28	10	
174	1122	Rickerby	Dylan	Rothwell Harriers & AC	M50	0:31:29	11	
175	705	I'anson	David	St Therasas AC	M65	0:31:32	1	
176	1167	Jackson	Thomas	Saltaire Striders	MSEN	0:31:34	78	
177	499	Ashwell	Paul	Otley AC	M45	0:31:36	29	
178	949	Fisher	Joseph	Harrogate Harriers & AC	M40	0:31:37	26	
179	689	Bould	Richard	St Therasas AC	M40	0:31:40	27	
180	730	Bennett	Paul	Vale of York Athletic Community	M45	0:31:42	30	
181	483	Rickard	Matt	Nidd Valley Road Runners	M45	0:31:42	31	
182	70	Aubrey	Ryan	Ackworth Road Runners	M40	0:31:43	28	
183	987	Broadhead	Curtis	Hyde Park Harriers	MSEN	0:31:47	79	
184	609	Chan	James	Roundhay Runners	M35	0:31:47	20	
185	246	Baines	Andrew	Horsforth Harriers	M45	0:31:48	32	
186	1080	Wilkinson	Matthew	Nidd Valley Road Runners	M40	0:31:49	29	
187	392	Al-Janabi	Daoud	Kirkstall Harriers	MSEN	0:31:52	80	
188	629	Macdonald	Matthew	Roundhay Runners	MSEN	0:31:52	81	
189	783	Sanderson	Ian	Valley Striders AC	M50	0:31:53	12	
190	1180	Cotterill	Jamie	St Therasas AC	M45	0:31:54	33	
191	1148	Sklinar	Stu	Roundhay Runners	M35	0:31:55	21	
192	85	Robinson	Michael	Ackworth Road Runners	M35	0:31:55	22	
193	251	Casement	Rich	Horsforth Harriers	M40	0:32:03	30	
194	345	Shakespeare	Ed	Hyde Park Harriers	MSEN	0:32:03	82	
195	151	Hill	Jason	Chapel Allerton Runners	MSEN	0:32:05	83	
196	500	Bowness	Harry	Otley AC	MSEN	0:32:06	84	
197	388	Hill	Andy	Kippax & District Harriers	M50	0:32:08	13	
198	822	Wallhead	Nick	Wetherby Runners AC	M45	0:32:10	34	
199	375	Singleton	David	Ilkley Harriers	M50	0:32:13	14	
200	426	Cornforth	Philip	Knaresborough Striders	M55	0:32:13	10	
201	1235	Money Penny	Brad	Wetherby Runners AC	MSEN	0:32:16	85	
202	536	Lighten	David	Pudsey & Bramley AC	M40	0:32:21	31	
203	45	Parker	Karl	Abbey Runners	MSEN	0:32:27	86	
204	229	Wilkinson	Gary	Harrogate Harriers & AC	M50	0:32:29	15	

205	224	Stockburn	Paul	Harrogate Harriers & AC	M65	0:32:32	2	
206	50	Rogerson	Tom	Abbey Runners	M45	0:32:35	35	
207	431	Evison	Paul	Knaresborough Striders	M40	0:32:38	32	
208	650	Young	Innes	Roundhay Runners	M45	0:32:39	36	
209	441	Moffatt	Simon	Knaresborough Striders	M55	0:32:40	11	
210	939	Thorp	Thomas	Chapel Allerton Runners	M35	0:32:41	23	
211	531	Wilkinson	Daniel	Otley AC	MSEN	0:32:41	87	
212	936	Peacock	Tom	Chapel Allerton Runners	MSEN	0:32:43	88	
213	155	Isherwood	David	Chapel Allerton Runners	M45	0:32:43	37	
214	1023	Baker	Adam	Kippax & District Harriers	MSEN	0:32:44	89	
215	342	Rose	Jack	Hyde Park Harriers	MSEN	0:32:49	90	Y
216	608	Burton	Phil	Roundhay Runners	M55	0:32:55	12	
217	156	Jewitt	Fred	Chapel Allerton Runners	MSEN	0:32:58	91	
218	44	O'Donnell	Gerard	Abbey Runners	M40	0:32:59	33	
219	463	Easton	Jonathan	Nidd Valley Road Runners	M45	0:33:03	38	
220	742	Musgrove	Neil	Vale of York Athletic Community	M40	0:33:05	34	
221	134	Allison	David	Chapel Allerton Runners	M50	0:33:07	16	
222	212	Jordan	Mark	Harrogate Harriers & AC	M65	0:33:07	3	
223	764	Furby	Mike	Valley Striders AC	M50	0:33:09	17	
224	1078	Scaife	Nigel	Nidd Valley Road Runners	M50	0:33:10	18	
225	330	Mephram	Ben	Hyde Park Harriers	MSEN	0:33:11	92	
226	818	Mcnicholas	Edward	Wetherby Runners AC	MSEN	0:33:12	93	
227	1194	Corner	Rhodri	Vale of York Athletic Community	MSEN	0:33:14	94	
228	323	Lawley	Joe	Hyde Park Harriers	MSEN	0:33:14	95	
229	299	Donnelly	Dan	Hyde Park Harriers	M55	0:33:15	13	
230	857	Laughton	Mark	York Triathlon Club	M55	0:33:17	14	
231	22	Freeman	Saul	Abbey Runners	MSEN	0:33:17	96	
232	1031	Harding	Andrew	Kippax & District Harriers	M50	0:33:17	19	
233	913	Milner	Craig	Airecentre Pacers	M35	0:33:19	24	
234	21	Frazer	Martin	Abbey Runners	M55	0:33:20	15	
235	254	Douglas	Andy	Horsforth Harriers	M50	0:33:21	20	
236	6	Ashworth	Richard	Abbey Runners	M50	0:33:23	21	
237	294	Cartwright	Richard	Hyde Park Harriers	M40	0:33:27	35	
238	966	Boocock	Steven	Horsforth Fellandale	M55	0:33:28	16	
239	573	Bywater	Andy	Rothwell Harriers & AC	M45	0:33:31	39	
240	403	Le Cornu	Henry	Kirkstall Harriers	MSEN	0:33:34	97	
241	429	Edmondson	Ewan	Knaresborough Striders	M60	0:33:35	6	
242	46	Parmar	Ajay	Abbey Runners	M50	0:33:36	22	
243	1176	Winterbottom	Josh	Saltaire Striders	MSEN	0:33:37	98	
244	741	Middup	Steve	Vale of York Athletic Community	M65	0:33:37	4	
245	758	Clark	Joby	Valley Striders AC	M45	0:33:38	40	
246	457	Carvey	Chris	Nidd Valley Road Runners	M55	0:33:38	17	
247	1093	Lynch	Tom	Otley AC	M40	0:33:43	36	
248	496	Wheeler	Sam	Nidd Valley Road Runners	M40	0:33:44	37	
249	315	Jackett	Charlie	Hyde Park Harriers	M40	0:33:50	38	
250	446	Tattersall	Andrew	Knaresborough Striders	M55	0:33:51	18	
251	1236	Richards	Ben	Wetherby Runners AC	MSEN	0:33:55	99	
252	785	Sedgley	Matthew	Valley Striders AC	MSEN	0:33:55	100	
253	1098	Martin	Laurence	Pudsey & Bramley AC	M40	0:33:56	39	
254	407	Masey	Jack	Kirkstall Harriers	M35	0:33:59	25	
255	969	Goodacre	Ben	Horsforth Fellandale	M35	0:34:03	26	
256	1220	Shaker	Andrew	Valley Striders AC	MSEN	0:34:06	101	

257	1161	Frazer	Simon	Saltaire Striders	M50	0:34:09	23	
258	870	Watkins	Matthew	York Triathlon Club	M40	0:34:09	40	
259	235	Hatch	Gary	Harrogate Tri Club	M60	0:34:12	7	
260	1047	Nodwell	Adam	Kirkstall Harriers	M40	0:34:13	41	Y
261	1042	Weeks	Andrew	Kippax & District Harriers	M45	0:34:13	41	
262	84	Preston	Andrew	Ackworth Road Runners	M35	0:34:13	27	
263	439	Marshall	Guy	Knaresborough Striders	M60	0:34:15	8	
264	910	Gatenby	Robert	Airecentre Pacers	M45	0:34:16	42	
265	262	Freeman	Paul	Horsforth Harriers	M55	0:34:18	19	
266	861	Naylor	Stephen	York Triathlon Club	M45	0:34:22	43	
267	331	Milligan	Paul	Hyde Park Harriers	M40	0:34:23	42	
268	307	Fidczuk	George	Hyde Park Harriers	MSEN	0:34:31	102	
269	19	Cross	Richard	Abbey Runners	M35	0:34:34	28	
270	442	Morland	Steve	Knaresborough Striders	M50	0:34:38	24	
271	680	Tryc	Pawel	Saltaire Striders	M40	0:34:38	43	
272	86	Saddler	Liam	Ackworth Road Runners	M35	0:34:38	29	
273	623	Hodge	Tony	Roundhay Runners	M50	0:34:39	25	
274	480	Patel	Girish	Nidd Valley Road Runners	M55	0:34:39	20	
275	1085	Armitstead	John	Otley AC	M65	0:34:40	5	
276	1114	Duckering	Josh	Rothwell Harriers & AC	MSEN	0:34:44	103	
277	601	Ayre	Mark	Roundhay Runners	M55	0:34:44	21	
278	1011	Webster	Harry	Hyde Park Harriers	MSEN	0:34:48	104	
279	195	Firth	Calum	Dragons Running Club (Leeds)	MSEN	0:34:49	105	
280	257	Eagle	Jonathan	Horsforth Harriers	M60	0:34:50	9	
281	268	Landells	Martin	Horsforth Harriers	M60	0:34:52	10	
282	428	Dobinson	Derek	Knaresborough Striders	M45	0:34:53	44	
283	746	Senior	Martin	Vale of York Athletic Community	M50	0:34:54	26	
284	1211	Jackson	Jon	Valley Striders AC	M55	0:34:55	22	
285	207	Gill	Michael	Harrogate Harriers & AC	M55	0:35:00	23	
286	306	Fells	Alexander Scott	Hyde Park Harriers	MSEN	0:35:01	106	
287	495	Tyrrell	Mark	Nidd Valley Road Runners	M50	0:35:01	27	
288	2	Ameri	Ali	Abbey Runners	M40	0:35:03	44	
289	868	Steel	Phil	York Triathlon Club	M45	0:35:09	45	
290	736	Grice	John James	Vale of York Athletic Community	MSEN	0:35:12	107	
291	1086	Cooper	Daniel	Otley AC	M40	0:35:13	45	
292	1054	Knott	Richard	Knaresborough Striders	M60	0:35:15	11	
293	1051	Collins	Matt	Knaresborough Striders	M35	0:35:17	30	
294	634	Page	Mick	Roundhay Runners	M70	0:35:18	1	Y
295	853	Hanley	Chris	York Triathlon Club	M45	0:35:18	46	
296	1057	Rockall	James	Knaresborough Striders	M40	0:35:20	46	
297	421	Brock	Martin	Knaresborough Striders	M45	0:35:23	47	
298	1069	Evans	Richard	Nidd Valley Road Runners	M55	0:35:24	24	
299	311	Godsall	Michael	Hyde Park Harriers	MSEN	0:35:25	108	
300	903	Sidwell	David	Ackworth Road Runners	M40	0:35:26	47	
301	419	Bell	Andy	Knaresborough Striders	M50	0:35:27	28	
302	494	Turner	Steven	Nidd Valley Road Runners	M50	0:35:27	29	
303	1027	Davy	Alan	Kippax & District Harriers	M45	0:35:29	48	
304	451	Abbott	Richard	Nidd Valley Road Runners	M45	0:35:29	49	
305	1210	Huggins	Roy	Valley Striders AC	M60	0:35:31	12	
306	794	Wallace	John	Valley Striders AC	M55	0:35:32	25	
307	606	Bowen	James	Roundhay Runners	MSEN	0:35:33	109	
308	461	Crebbin	Nick	Nidd Valley Road Runners	M50	0:35:34	30	

309	318	Jones	Chris	Hyde Park Harriers	M65	0:35:35	6	
310	415	Sykes-Hooban	Matt	Kirkstall Harriers	M45	0:35:35	50	
311	718	Seddon	Tim	St Therasas AC	M65	0:35:36	7	
312	750	Adcock	Richard	Valley Striders AC	M55	0:35:36	26	
313	696	Fletcher	Jonathan	St Therasas AC	M45	0:35:36	51	
314	538	Rafton	David	Pudsey & Bramley AC	M40	0:35:38	48	Y
315	95	Walker	Will	Ackworth Road Runners	M40	0:35:39	49	
316	929	Kendell	John	Chapel Allerton Runners	M45	0:35:40	52	
317	178	Sellman	Richard	Chapel Allerton Runners	M45	0:35:42	53	
318	297	Didelot	Lewis	Hyde Park Harriers	MSEN	0:35:43	110	
319	444	Newton	Stephen	Knaresborough Striders	M55	0:35:46	27	
320	393	Allen	Lloyd	Kirkstall Harriers	M55	0:35:47	28	
321	1058	Waller	Ian	Knaresborough Striders	M65	0:35:47	8	
322	353	Tasker	Richard	Hyde Park Harriers	M40	0:35:48	50	
323	61	Ward	John	Abbey Runners	M70	0:35:49	2	
324	985	Blatherwick	John	Hyde Park Harriers	M35	0:35:50	31	
325	434	Harrop	Andrew	Knaresborough Striders	M60	0:35:52	13	
326	513	Hey	Charlie	Otley AC	M60	0:35:52	14	
327	1092	Lister	Paul	Otley AC	M45	0:35:53	54	
328	327	Martinson	Ian	Hyde Park Harriers	M60	0:35:53	15	
329	892	Davey	James	Ackworth Road Runners	M40	0:35:54	51	
330	541	Thomson	Iain	Pudsey & Bramley AC	M35	0:36:04	32	Y
331	582	Gregory	Mark	Rothwell Harriers & AC	M60	0:36:05	16	Y
332	1222	Taylor	Drew	Valley Striders AC	M60	0:36:09	17	
333	646	Walker	John	Roundhay Runners	M60	0:36:12	18	
334	405	Longmate	Kevin	Kirkstall Harriers	M35	0:36:12	33	
335	576	Chapman	Paul	Rothwell Harriers & AC	M50	0:36:13	31	
336	1134	Clark	Martin	Roundhay Runners	M60	0:36:15	19	
337	1198	Johnson	Richard	Vale of York Athletic Community	M35	0:36:18	34	
338	678	Spencer	Tim	Saltaire Striders	M65	0:36:21	9	
339	778	Pawley	Graham	Valley Striders AC	M55	0:36:24	29	
340	166	O'Hara	John	Chapel Allerton Runners	M50	0:36:28	32	
341	139	Cuthbertson	Nic	Chapel Allerton Runners	M60	0:36:34	20	
342	420	Brennan	Sean	Knaresborough Striders	M55	0:36:35	30	
343	851	Bond	Richard	York Triathlon Club	M50	0:36:40	33	
344	1158	Daft	Matthew	Saltaire Striders	M45	0:36:40	55	
345	995	Harris	Chris	Hyde Park Harriers	M35	0:36:41	35	
346	611	Cobb	Chris	Roundhay Runners	M40	0:36:46	52	
347	651	Bower	David	Saltaire Striders	M60	0:36:56	21	
348	488	Shaw	Michael	Nidd Valley Road Runners	M45	0:36:58	56	
349	1070	Fugill	Sam	Nidd Valley Road Runners	M40	0:37:02	53	
350	518	Jeffrey	Michael	Otley AC	M70	0:37:04	3	
351	422	Clarke	Andy	Knaresborough Striders	M50	0:37:04	34	
352	312	Gordon	Jack	Hyde Park Harriers	MSEN	0:37:06	111	
353	1240	Trapps	Steve	Wetherby Runners AC	M50	0:37:13	35	
354	163	Lyons	Chris	Chapel Allerton Runners	M45	0:37:27	57	
355	598	Ward	Roger	Rothwell Harriers & AC	M65	0:37:28	10	
356	63	Whittaker	Jim	Abbey Runners	M55	0:37:31	31	
357	617	Elliott	John	Roundhay Runners	M60	0:37:35	22	
358	925	Golphin	Simon	Chapel Allerton Runners	M50	0:37:53	36	
359	867	Souch	Iain	York Triathlon Club	M55	0:37:57	32	
360	36	Leslie	David	Abbey Runners	M70	0:38:01	4	

361	653	Darcy	Graham	Saltaire Striders	M55	0:38:03	33	
362	132	Wignall	Michael	Bradford Airedale AC	M40	0:38:09	54	
363	387	Hammond	Paul	Kippax & District Harriers	M60	0:38:09	23	
364	807	Callaghan	Peter	Wetherby Runners AC	M60	0:38:17	24	
365	940	Todd	Stephen	Chapel Allerton Runners	M70	0:38:20	5	
366	517	Jeffrey	Howard	Otley AC	M70	0:38:26	6	
367	596	Thorpe	Stuart	Rothwell Harriers & AC	M55	0:38:31	34	
368	754	Brewster	Keith	Valley Striders AC	M70	0:38:33	7	
369	871	Wray	Scott	York Triathlon Club	M55	0:38:50	35	
370	196	Harrison	Robert	Dragons Running Club (Leeds)	M50	0:38:51	37	
371	1165	Hillas	Stephen	Saltaire Striders	M60	0:38:52	25	
372	971	Wallace	Neil	Horsforth Fellandale	M50	0:38:58	38	
373	745	Plows	Brad	Vale of York Athletic Community	MSEN	0:39:01	112	
374	1072	Manning	Paul	Nidd Valley Road Runners	M55	0:39:01	36	
375	655	Douglas	Alan	Saltaire Striders	M55	0:39:05	37	
376	1034	Hill	Tom	Kippax & District Harriers	MSEN	0:39:08	113	
377	735	Gargett	James	Vale of York Athletic Community	M40	0:39:08	55	Y
378	227	Umpleby	Martin	Harrogate Harriers & AC	M50	0:39:13	39	
379	290	Brown	Stephen	Hyde Park Harriers	M55	0:39:17	38	
380	981	Teale	Mark	Horsforth Harriers	M50	0:39:19	40	
381	143	Gibson	Paul	Chapel Allerton Runners	M65	0:39:30	11	
382	671	Mosedale	Tim	Saltaire Striders	M40	0:39:32	56	
383	78	Leach	Adrian	Ackworth Road Runners	M55	0:39:33	39	
384	660	Griffiths	Alun	Saltaire Striders	M65	0:39:38	12	
385	255	Duffy	Richard	Horsforth Harriers	M70	0:39:39	8	
386	182	Sutcliffe	Adam	Chapel Allerton Runners	M50	0:39:47	41	
387	33	Kent	Craig	Abbey Runners	M35	0:39:54	36	
388	1048	Smith	Simon	Kirkstall Harriers	M50	0:39:56	42	
389	502	Brown	Simon	Otley AC	M45	0:40:00	58	
390	540	Shamim	Salman	Pudsey & Bramley AC	M50	0:40:08	43	
391	462	Duckworth	Roger	Nidd Valley Road Runners	M55	0:40:09	40	
392	490	Smith	Nick	Nidd Valley Road Runners	M65	0:40:14	13	
393	352	Tarbit	James	Hyde Park Harriers	M35	0:40:21	37	
394	774	Mace	Andrew	Valley Striders AC	M50	0:40:28	44	
395	1071	Kay	Jonathan	Nidd Valley Road Runners	M40	0:40:28	57	
396	321	Kidner	Ralph	Hyde Park Harriers	M70	0:40:36	9	
397	7	Blinston	Peter	Abbey Runners	M55	0:40:40	41	
398	676	Read	Jamie	Saltaire Striders	MSEN	0:40:53	114	
399	60	Walton	Clive	Abbey Runners	M55	0:41:02	42	
400	30	Ibrahim	Joseph	Abbey Runners	M50	0:41:13	45	
401	755	Brough	Michael	Valley Striders AC	M65	0:41:20	14	
402	1087	Davis	Mark	Otley AC	M45	0:41:33	59	
403	305	Fawcett	Daniel	Hyde Park Harriers	MSEN	0:41:41	115	
404	286	Beswick	Alan	Hyde Park Harriers	M60	0:41:42	26	
405	1171	Sheard	Neil	Saltaire Striders	M40	0:41:50	58	
406	416	Taylor	Malcolm	Kirkstall Harriers	M35	0:41:50	38	
407	485	Robinson	Philip	Nidd Valley Road Runners	M60	0:41:54	27	
408	945	Rollett	Andrew	Dragons Running Club (Leeds)	M40	0:41:56	59	
409	138	Crosby	Ben	Chapel Allerton Runners	M50	0:41:59	46	
410	523	Langdon	Matt	Otley AC	M45	0:42:00	60	
411	275	Proctor-Clarke	Joseph	Horsforth Harriers	MSEN	0:42:04	116	
412	808	Crosby	David	Wetherby Runners AC	M60	0:42:14	28	

413	748	Wigglesworth	Daniel	Vale of York Athletic Community	M40	0:42:18	60	
414	1046	Hutchinson	John	Kirkstall Harriers	M75	0:42:20	1	
415	607	Bowman	Geoff	Roundhay Runners	M60	0:42:21	29	
416	961	Scott	Iain	Harrogate Tri Club	M60	0:42:56	30	
417	385	Durkin	Paul	Kippax & District Harriers	M60	0:43:21	31	
418	18	Craddock	Charlie	Abbey Runners	M55	0:43:25	43	
419	216	Murphy	Kevin Malachy	Harrogate Harriers & AC	M65	0:44:52	15	
420	889	Barton	Paul	Ackworth Road Runners	M55	0:45:16	44	
421	978	Russell	Peter	Horsforth Harriers	M60	0:45:26	32	
422	591	Noble	Stephen	Rothwell Harriers & AC	M55	0:45:48	45	
423	1174	Storey	Ian	Saltaire Striders	M45	0:45:58	61	
424	768	Jackson	Bob	Valley Striders AC	M70	0:46:09	10	
425	177	Sedgley	Neil	Chapel Allerton Runners	M55	0:46:20	46	
426	856	Kuendiger	Jan	York Triathlon Club	M40	0:46:24	61	
427	744	Pascoe	Dave	Vale of York Athletic Community	M55	0:46:35	47	
428	390	Kitchen	Jay	Kippax & District Harriers	M60	0:47:19	33	
429	1178	Best	Jamie	St Therasas AC	M45	0:47:28	62	
430	974	Dinsdale	Mark	Horsforth Harriers	M55	0:47:50	48	
431	574	Bywater	Chris	Rothwell Harriers & AC	M70	0:49:12	11	
432	486	Seaman	Dave	Nidd Valley Road Runners	M75	0:50:59	2	
433	826	Thompson	Geoff	Wharfedale Harriers	M65	0:51:36	16	
434	230	Adair	Ian	Harrogate Tri Club	MSEN	0:52:27	117	
435	236	Head	Mark	Harrogate Tri Club	M60	0:52:28	34	
436	1133	Burke	Kieran	Roundhay Runners	MSEN	0:55:02	118	
437	709	Macdonald	Alex	St Therasas AC	M35	1:08:49	39	
438	503	Cardinale	Antonio	Otley AC	M75	1:08:50	3	